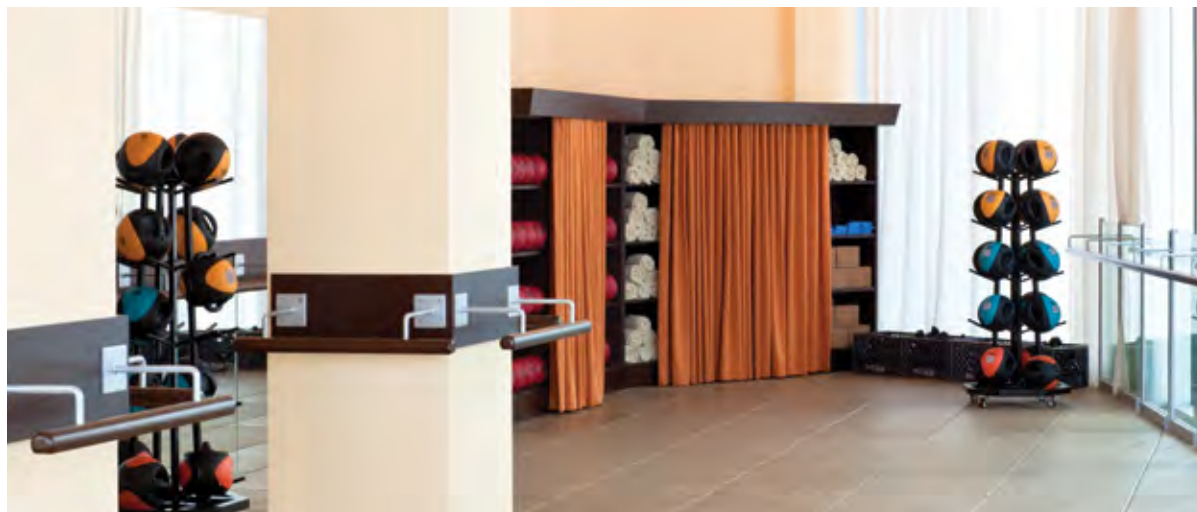




BEST HOTEL GYMS

→ *The luxe extras in these hotel gyms—sunlit lap pools, Spinning studios, climbing walls, five-star classes and more are so addictive that you may never want to check out.*



Epic Miami

MIAMI

Housed in this downtown hotel hot spot is a Zen sanctuary with dark-wood floors, warmly lit hallways, Buddha statues and live orchids. Welcome to Exhale, a mind-and-body studio with locations across the country that offers core-focused fitness classes and spa services.

Reporting by Ana Mantica